# Foree Ranch Homeowners Association, Inc. <u>Community Gym Rules</u>

#### · ACCESS:

Access to the gym area for members of the Foree Ranch Homeowners Association, Inc. **ONLY** 

#### · HOURS:

6:00 a.m. - 10:00 p.m.

### · <u>Rules:</u>

- No one under the age of 16 may use the gym without their parents and / or a supervising adult over 21 being present; parents / supervising adult must be physically in the gym at the same time as the resident(s) under 16.
- Children under the age of 10 are not allowed to use gym equipment under any circumstance.
- Proper attire is required for ANY person entering the gym; this includes shirts, bottoms (pants, shorts, etc.), and shoes. Bare feet and/or flip flops are not allowed for anyone in the gym.
- Do not bring excessive personal belongings onto the fitness floor.
- Alcohol is not permitted in the gym or in any Common Area
- No glass containers
- Please use headphones for personal music no radios, speakers, etc., and respect others' preferences for television choices.
- Do not sit on machines between sets if people are waiting for equipment.
- Use equipment properly no hanging from equipment, and do not use it in nonconventional ways, etc. Any damage to the equipment or gym will result in permanent suspension from the gym area.
- If someone is waiting for cardiovascular equipment, limit your time to 20 minutes.
- Do not disturb others. Refrain from yelling, using profanity, banging weights and making loud sounds.
- Use of mobile devices / cell phone cameras, traditional cameras or any type of video recording is strictly prohibited in the gym.
- Re-rack weights and return all other equipment and accessories to their proper locations.
- Do not adjust the thermostat; if there are any temperature concerns or issues in the gym, please contact Management at 214-705-1615.
- Wipe down all equipment after each use, using the cleaning supplies provided.

- <u>If you witness or suspect suspicious activity or damage to equipment while</u> <u>in the gym, report it immediately to Management at:</u> <u>Donna@legacysouthwestpm.com</u>
- The Association assumes no responsibility for the loss, theft or damage to personal property or effects left in the gym area.
- The Association assumes no responsibility for any personal injury to anyone resulting from use of the gym

## **IN THE CASE OF AN EMERGENCY CALL 911**

## MANAGED BY LEGACY SOUTHWEST PROPERTY MANAGEMENT

214-705-1615